



accidents don't have to happen

## Homeword



## Newsletter 212

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## HOMEWORDED 212

Welcome to Homeword 212. For nearly 20 years, staff at RoSPA have been bringing you up to date information about what is happening in the community safety world. Thank you for signing up to our newsletter and supporting us.

### Scotland's Drowning Prevention Strategy update

RoSPA hosted Water Safety Scotland's update on the two year review of Scotland's Drowning Prevention Strategy on the 14<sup>th</sup> July. It's clear that much has been achieved but of course there is still a lot to be done. If you missed the update you can still view it online here: <https://t.co/DQXssLPwxY?amp=1>

### RoSPA Scotland's webinar schedule

Following the success of our recent webinars, we have now scheduled in a number of exciting and topical free webinars for both families and practitioners. July will see two webinars – both centring on fire and burns. The first, which is targeted towards families, was held on the 16<sup>th</sup> July and focused on fire safety with the Scottish Fire and Rescue Service providing the main presentation. You can view this webinar here: <https://rospa.webex.com/rospa/lsr.php?RCID=f6cd2b89c0c84d76b68b800ac8fca57c>

The second webinar will take place on the 30<sup>th</sup> July and will be targeted for practitioners interested in burns and scalds prevention. Speakers will include, Mr Watson, Burns Consultant and Plastic Surgeon at the Children's Burns Unit Glasgow, Sharon Ramsay, Burns Nurse Specialist at Glasgow's Royal Hospital for Sick Children and Mark Stevenson of the Scottish Burned Children's Club. You can sign up to the webinar here: <https://rospa.webex.com/rospa/onstage/g.php?MTID=e824d294729c26e893b8478815d61720a>

Our full draft schedule is as follows:

Date	Webinar
30 <sup>th</sup> July	Burns and scalds – an overview for practitioners
12 <sup>th</sup> August	Keeping your kids safe around water
26 <sup>th</sup> August	Home Safety around Europe during and after COVID-19
7 <sup>th</sup> September	What can we do about falls in the home? A webinar for practitioners
30 <sup>th</sup> September	Preventing falls in the home
21 <sup>st</sup> October	Halloween and firework safety
17 <sup>th</sup> November	Inequalities and unintentional injuries: A webinar for practitioners
25 <sup>th</sup> November	Carbon Monoxide Safety
8 <sup>th</sup> December	Keeping your kids safe this festive season

Please note: schedule subject to change



You can sign up to these webinars by following this link: <https://www.rospace.com/home-safety/UK/Scotland/Projects/Community-Safety-Scotland-webinars>

### Subnational ageing tool

ONS has created a subnational ageing tool which allows users to compare a range of current and projected ageing indicators across different lower-tier local authorities, regions and countries in the UK. Across the UK, Wales has the oldest population, followed by Scotland, then England and Northern Ireland.

You can access the tool here:

<https://www.ons.gov.uk/peoplepopulationandcommunity/birthsdeathsandmarriages/ageing/articles/subnationalageingtool/2020-07-20>

### Children's rights webinar

RoSPA attended the recent UNCRC webinar which had a particular focus on Disability, Basic Health and Welfare for children. The webinar was hosted by Together and considered questions around what were the major children's human rights concerns and what needs to happen to ensure children's human rights are protected, respected and fulfilled. We were allocated the workshop on 'children in hospital' and highlighted the need for parents who had a child in hospital because of an accidental injury to have more information on the prevention of future accidents. This could be done by the availability of prevention information either through written resources or enhanced verbal advice via the medical staff.

### Guest blog from Nicola Hanssen, Roar For Life

Nicola Hanssen, Chief Executive of Roar for Life, has provided us with a guest blog on lockdown and accidental injuries. Nicole discusses the use of lesson logs, falls and strength and balance exercises. You can read the blog here: <https://www.rospace.com/lets-talk-about/2020/July/Guest-Blog-Roar-Living-and-Learning>

Roar for Life can be accessed here: <https://www.roarforlife.org/>

### Cross Party Group on Accident Prevention and Safety Awareness

The AGM of the Cross Party Group on Accident Prevention and Safety Awareness will be held online on Monday 24<sup>th</sup> August, 2020 at 11 am. As well as being the AGM there will be a series of short 'pitch presentations' which will highlight recent developments in a variety of areas of accident prevention and inviting members to consider the priority areas going forward. If you are interested in attending or becoming a member of the CPG, please contact [elumsden@rospace.com](mailto:elumsden@rospace.com)

### Public Health Scotland's New Learning Hubs

Public Health Scotland's Workforce Development Team has launched two new learning hubs that can be accessed online:



- Challenging poverty stigma learning hub - <https://elearning.healthscotland.com/course/view.php?id=577>
- Making communication even better learning hub - <https://elearning.healthscotland.com/course/view.php?id=573>

### Age related muscle loss report

A new report has been released which has found that eating more protein at breakfast or lunchtime could help older people maintain muscle mass with advancing age. You can find it more here: <https://www.birmingham.ac.uk/news/latest/2020/03/a-more-balanced-protein-intake-can-reduce-age-related-muscle-loss.aspx>

### Make the Call

The Scottish Fire and Rescue Service have put out an appeal to carers, family and friends of those at risk. Latest's statistics show than 20 people who are over the age of 50, smoke and also either live alone, have mobility issues or use medical oxygen have already been injured, some seriously, by fires between January 1 and April 30 this year. SFRS are appealing to communities to help save a life by booking a free home fire safety visit. You can do this by calling 0800 0731 999 or by texting 'fire' to 80800.

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