



accidents don't have to happen

Homeword



Newsletter 210

Version: 01

Date: May 2020

HOMESWORD 210

Welcome to Homesword 210. For nearly 20 years, staff at RoSPA have been bringing you up to date information about what is happening in the community safety world. Thank you for signing up to our newsletter and supporting us.

Home safety webinar

The Overview of Child Safety in the Home took place on May 20th at 2pm. 51 people registered for the course and 35 people attended on the day. Results from those who completed the survey found that 100% would attend another webinar and 83% found the webinar helpful. You can watch the webinar online here (please note the first five minutes were not

recorded): <https://rospa.webex.com/rospa/lr.php?RCID=80abf880b9e74c1bb23714aac1cd45ae>

A number of questions were asked which we have responded to and answered some on Twitter. Additional topics were suggested which we will consider for further webinars. Watch this space!

Scotland's Drowning Prevention Strategy update

RoSPA's Water Safety Conference originally arranged for 26th March and then postponed till 16th September has now been cancelled. However, there will be a webinar on the 14th July to give you all the opportunity to hear more about the latest data and the two year review of the Strategy. You can register for this event here: <https://rospa.webex.com/rospa/onstage/g.php?MTID=e26a02876517124f44007d9a2338443e8>

Additionally, and thanks to the support of the funders, we will host a follow up water safety conference in the financial year 2021/22 when we are able to physically get together and discuss relevant issues and progress in water safety in Scotland.

Child Safety Week

Serious accidents in lockdown

Child Safety Week is the Child Accident Prevention Trust's annual campaign to equip anyone working with families with essential, practical child safety advice they can share. It will be different this year but as important as ever. CAPT is offering more free content than usual, which they have made really quick and easy to share – it's crammed with practical safety advice for families during lockdown and beyond. Child Safety Week (1-7 June) is a great opportunity to share it.

Lockdown help

CAPT has developed a range of new content that you can use to support families under pressure in lockdown. This includes articles, fact sheets, illustrations and social media posts.

Safety in lockdown – free content to share

They've also developed a Parents Pack for practitioners to refresh their knowledge and share with families far and wide.

Parents Pack – free to read and share

Child Safety Week, 1 to 7 June



Throughout Child Safety Week CAPT will have a focus on social media, with lots of posts and tips to share, making it easy for families to get relatable, helpful advice to keep children safe.

Make sure you get them by following www.facebook.com/ChildAccidentPreventionTrust or @childsafetyweek

Beyond Child Safety Week

CAPT is reworking the Child Safety Week Action Pack as an essential year-round resource. Once people are able to do face-to-face group work again, contacts across Scotland can receive a free printed copy, thanks to support from Building Safer Communities in the Scottish Government.

Sign up for your free action pack and CAPTs free safety campaigns, advice and resources at <https://www.capt.org.uk/csw-sign-up>

Toolkit for NHS staff and students

The University of Nottingham has created a toolkit for NHS staff and students during the COVID-10 pandemic to help support their wellbeing and mental health. It is suitable for all healthcare staff and students. You can access it for free here: https://www.nottingham.ac.uk/toolkits/play_22794

New research on middle aged women and ageing

A new study has been published on understanding the motivations middle aged women give for belonging to an outdoor adventure group. The study found that the women's belief that participation delays the ageing process, gives them confidence in their lives, and offers social support from other group members. You can read the full report here:

https://rke.abertay.ac.uk/ws/portalfiles/portal/15329625/Wharton_Middle_AgedWomen_Accepted_2018.pdf

Health inequalities and the coronavirus pandemic

The Evidence Manager from the Centre for Better Ageing has written a blog about why those from poorer backgrounds are more at risk and what needs to be done to prevent future health crises. : https://www.ageing-better.org.uk/blogs/what-does-coronavirus-tell-us-about-health-inequalities-and-what-needs-be-done?utm_source=Ageing+Better+Email+Updates&utm_campaign=2da10e3bd6-EMAIL_CAMPAIGN_2020_05_20_08_22&utm_medium=email&utm_term=0_f4499c1616-2da10e3bd6-350694153

Call for Proposals – Electrical Safety in Mixed-Tenure Blocks in Scotland

Electrical Safety First is calling for proposals for research that allows them to gain further insight into electrical safety in mixed tenure blocks in Scotland. The research project has a 18k budget available and they are accepting proposals until 26 June 2020. Full details about this project can be found here:

<https://www.electricalsafetyfirst.org.uk/what-we-do/our-policies/scotland/research-scotland/>

Public Health England



Public Health England has posted a large number of videos and resources for teachers, tutors and anyone interested in public health or developing a career in public health:

- What is public health? - <https://www.healthcareers.nhs.uk/working-health/working-public-health/what-public-health>
- A brief history of public health – <https://www.healthcareers.nhs.uk/career-planning/resources/brief-history-public-health>
- Why work in public health – <https://www.healthcareers.nhs.uk/working-health/working-public-health/why-work-public-health>
- The Public Health Skills and Knowledge Framework (PHSKF) - <https://www.gov.uk/government/publications/public-health-skills-and-knowledge-framework-phskf/public-health-skills-and-knowledge-framework-august-2019-update>

EU data on consumer product-related injuries

A new study entitled Assessment of the opportunities for increasing the availability of EU data on consumer product-related injuries is available at https://injuryprevention.bmj.com/content/early/2020/05/04/injuryprev-2020-043677?utm_source=alert&utm_medium=email&utm_campaign=injprev&utm_content=latest&utm_term=17052020. “This study explores the opportunities for enhancing the availability of data of consumer product-related injuries, arising from selected existing and 'alternative' data sources, widely present in Europe, such as firefighters’ and poison centres’ records, mortality statistics, consumer complaints, insurance companies’ registers, manufacturers’ incident registers and online news sources.”

Useful links

- Future Learn have released a blog on looking after your mental health during lockdown: <https://t.co/4YybemD1ZW?amp=1>
- Equally Well guide on looking after mental health during COVID-19 for people living with severe mental illness : <https://www.leedsandyorkpft.nhs.uk/our-services/wp-content/uploads/sites/2/2020/04/Equally-Well-Covid19-Resource-Final-002.pdf>

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